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**\*\*for immediate release\*\***

## **Out-of-Control Pandemic Shows Need to Develop Inner Stability**

Staunton, VA.) Mental health experts say the election and pandemic are causing significant stresses to adults and children. "It is extremely important...that we acknowledge that this uncertainty is stressful. And in fact, this anxiety is appropriate under the circumstances. This is an ordinary reaction to big changes and a new normal. And I think it's important that journalists acknowledge this fact. It's also important that we tell the truth." Roxane Cohen Silver, Ph.D., Professor of Psychological Science, Medicine, and Public Health at U of C, Irvine.

One truth is that we are not victims, that we are co-creating the experience, and that it is telling us something important: find purpose, develop our centers. transform our lives towards greater harmony. *God has Infinite Frequency: Aphorisms for Our Fractured Age* provides both inspiration and guideposts. In reading the book, we experience a resonance in the heart – a feeling of connection, an *ah ha!* moment. We are soothed and comforted; we find concrete guidance and a new sense of confidence. As the mental and emotional expressions are married to the artwork, we are led towards an unfolding of a new perspective and a renewed connection with ourselves and the Universe. Each aphorism makes little waves. We are asked to allow the waves, without judgement, to gently rock our souls, our thinking and our world view.

Jonathan Masters was born in Ohio, but grew up in New England. With his father being a physicist, one of his early memories was seeing the first ruby laser – (which filled a room) - shoot a coherent beam of red light at a piece of paper. For Jonathan it sparked a life-long quest to understand the nature of life and the universe. The primary markers of his inward journey include learning and teaching meditation, under the guidance of Maharishi Mahesh Yogi, and studying the principles of the Right Use of Will. Writing *God has Infinite Frequency: Aphorisms for our Fractured Age* is Master's way of sharing gratitude and inspiration. His outward journey includes; husband, father, entrepreneur, inventor, amateur musician, and professional consultant.

Go to [www.foundationforinnerpeace.world](http://www.foundationforinnerpeace.world) or contact Mari Selby [mari@selbyink.com](mailto:mari@selbyink.com)

*God has Infinite Frequency: Aphorisms For Our Fractured Age*

Author Jonathan Masters

Published by - The Foundation for Inner Peace ISBN: 978-1-7358037-0-8

Available from Pathway Book Service: 1-800-345-6665, [pbs@pathwaybook.com](mailto:pbs@pathwaybook.com)

Amazon, your favorite bookstores, and [www.foundationforinnerpeace.world](http://www.foundationforinnerpeace.world)

# God has Infinite Frequency

## Aphorisms for Our Fractured Age



In reading *God has Infinite Frequency*, we experience a resonance in the heart – a feeling of connection, an ah ha! moment. Through the artwork, married with the mental and emotional expressions, we are led towards an unfolding of a new perspective, and a renewed connection with ourselves and the Universe.

Each aphorism makes little waves. We are asked to sense how the words and images work together – right brain/left brain. We reflect on whether the experience is scary, or comforting, perhaps confounding? Maybe the experience challenges some core beliefs. We are asked to allow the waves, without judgement, to gently rock our feeling about our thinking and perspective.

As we release our samskaras, (karmic imprints), our vibrational presence is increased. Doors are opened and new connections both within us and between us, and other people, are possible. We activate more space in our minds and hearts to think and feel and to create from our own authentic selves.

*God has Infinite Frequency* is unique, but it follows traditions of works that enrich us through our enlivened spiritual response to them. The *Yoga Aphorisms of Patanjali*, and the *Right Use Of Will* by Ceanne DeRohan are its antecedents and inspiration.



Jonathan Masters was born in Ohio, but grew up in New England after his physicist father transferred to MIT. One of his early memories is seeing the first ruby laser - which filled a room - shoot a coherent beam of red light at a piece of paper. For Jonathan, it sparked a life-long quest to understand the nature of life and the universe. His inward journey included learning and teaching meditation, being under the guidance of Maharishi Mahesh Yogi, and studying the *Right Use of Will*. His outward journey: husband, father, entrepreneur, inventor, amateur musician, and professional consultant are perhaps more traditional. Writing *God Has Infinite Frequency: Aphorisms for our Fractured Age* is an offering of gratitude and sharing.

***God has Infinite Frequency: Aphorisms for Our Fractured Age***

Published by the Foundation for Inner Peace ISBN: 978-1-7358037-0-8 (hardcover)

## Jonathan Masters Author Bio

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Jonathan grew up in Concord, Massachusetts. For Masters, the backdrop of history was never far away. Concord was home to the start of the American Revolution, Walden Pond, David Thoreau, Louisa May Alcott and Ralph Waldo Emerson. His family enjoyed a semi-rural life and a dramatic changing of the seasons. From the backyard, Jonathan, his Dad and his telescope could often be found there gazing at the clear night sky.

His physicist dad, with his playing Dixieland music, and his love of classic and contemporary race cars was a big influence on Jonathan. He worked for a company developing new technology, and one of Jonathan's early memories was seeing the first ruby laser – (which filled a room) - shoot a coherent beam of red light onto a piece of paper. For Jonathan, it sparked a life-long quest to understand the nature of life and the universe.

Jonathan attended Dartmouth College for his BA in Economics, but spent a year at U Mass Amherst with top economic policy theorists. During that time, he learned to meditate and later became a teacher of the Transcendental Meditation technique under the guidance of Maharishi Mahesh Yogi. He went on to Northwestern University where he earned a Master of Management in Marketing and Finance.

One day years later, and having been in the tech start-up world, Jonathan was in California on the phone with his dad who lived in Gloucester, Mass. Due to the deterioration of his Dad's hearing, Jonathan noticed he was often yelling on the phone to be heard. He states, "No one wants to have to yell at their dad!". Out of this situation Masters developed a company to help the hard-of-hearing by delivering captions on cell phones. This eventually led to helping to develop and manage the company that runs the Canadian system for deaf people using sign language to communicate on the phone, known as "video relay".

Jonathan lived in a spiritual community in Fairfield, Iowa for five years, and meditated in the golden domes twice a day. There, he worked with a master healer – who carried the vibration of Madhu-chhandas, or embodiment of bliss. As he began working with her and with the principles of Right Use of Will, Masters says "My understanding and experience of reality was expanding quickly – and limiting, mostly unconscious beliefs, or samskaras, were being dissolved. This included beliefs that; we couldn't be or live as we want, we limit ourselves for a reason, and we really don't deserve or know how to use our power. My experience was that essential elements of myself were brought back, including learning how to bring them back. These experiences gave me a sense of integrated, expanding wholeness that really is the basis for the book."

*God Has Infinite Frequency: Aphorisms for Our Fractured Age* has also had its own process of evolution and refinement, finally arriving in the current form. Blending art and insight, this beautifully crafted book takes us on a tour of many of our dearly held beliefs - challenging them, and giving us the precious opportunity to reconsider, feel, and to see things anew. Now published by the Foundation for Inner Peace you can go to [www.foundationforinnerpeace.world](http://www.foundationforinnerpeace.world) where you will find events, webinars and programs.

Jonathan lives with his wife in Zurich, Switzerland near a forest with great trails where he loves his daily bike ride. They also enjoy trips to the Alps, and when possible, an annual sojourn to the azure Mediterranean Sea.

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Praise for *God has Infinite Frequency: Aphorisms for Our Fractured Age* and Jonathan Masters

"From the Sufi poet Rumi, who wrote, 'The universe is not outside of you. Look inside yourself,' looking within has been a central spiritual theme since the beginning of recorded history. In *God has Infinite Frequency*, Jonathan Masters has gathered a kaleidoscope of human creativity to create a portal through which the quiet reader can find many different ways inward. It is not only a beautiful book, but a spiritually useful one."

Tim Noonan, Cultural and religious historian, President & Publisher, Heritage Histories. LLC

"*God Has Infinite Frequency*, what an exquisite and unusual little book! (And don't we love little books.) Jonathan Masters' pithy, provocative wisdom bits and choice of gorgeous graphics make this the quintessential gift for every deep thinker and lover of beauty on your list, including you. Don't let the complex title put you off. This book is simply fun!"

Suzanne Grenager, *Author of Bare Naked at the Reality Dance*

"Jonathan Masters' words in *God has Infinite Frequency*, speaks to humanity's deepest inner need for love, with an invitation to experience the Universal love existing within each of us, thereby unifying us. A beautiful and artful read."

Lisa Tahir, LCSW, Author of *The Chiron Effect: Healing our Core Wounds Through Astrology, Empathy, and Self-Forgiveness* and Member of the United States Press Agency

*God has Infinite Frequency* is beautiful - something truly special, and arriving in its right time. It stirs the soul and invites an opening to reflect on who we are and where we want to go."

Susan Stanton Rotman, spiritual teacher and life coach. [www.innercounsel.com](http://www.innercounsel.com)

*God Has Infinite Frequency* is a distillation of innate knowingness, brilliance of mind, and open, highly perceptive emotional intelligence. It is literally stunning to scroll through. Simple and complex, delicate and grounded in strength, straightforward yet full of color and nuance. What a synthesis - the work of the artists helped create a 'blow yer mind' for me.

J. Gervais, lifelong meditation practitioner

*God has Infinite Frequency* comes from a place beyond our individual minds and hearts - from a place deeper within, where our minds, hearts and souls intersect."

Alexandra Folts, astrology, counseling, life coach. [www.alexandrafolts.com](http://www.alexandrafolts.com)

*God has Infinite Frequency, Aphorisms for Our Fractured Age* provides a new option, a new response, a habit to develop. Jonathan Masters has created a resource to use at any moment; in the calm, in the whirl, in the questioning, and especially in the upheavals of change. It provides the opportunity to "not know", to "be still", and to see the songs of colors, of shapes, of forms. He suggests openings through the words of a simple idea to ponder. Masters offers a way to stop and let new ripples begin from pebbles you had not thought to throw.

Sharon Riegie Maynard, Radical Mystic Shawoman, Author and Founder of TAG, Galactic System of Transformation

In *God has Infinite Frequency*, Jonathan Masters offers a range of insights about who we are, and how we see the world. The reader is taken towards a fuller connection, and as the book progresses, it explores that theme through modalities of relationship, society, sexuality, spiritual growth, and life, all the while "recognizing that our primary relationship is with ourselves."

Tim Truby, Landscape photographer and author of *Photographing Zion and Bryce Canyon National Parks*